

Retirement Pursuits, Interests and Hobbies

Learn a new language	Take art classes
Learn a new musical instrument	Attend cookery classes
Join a local community band	Volunteer at a local charity
Mentor someone	Study for A Level or a Degree
Go for long walks	Write poetry
Visit local places of interest	Swim
Ride a bicycle	Join a bridge club
Play golf	Host dinner parties
Visit museums	Volunteer at local hospital/hospice
Go to the cinema	Play tennis
Join a book club	Attend a computing course
Start an allotment	Join a local amateur dramatics group
Go fishing	Teach English as a second language
Read	Join a gym
Join a board: school/church/non-profit organisation	Attend sporting events
Go to a concert	Write a short story
Research your family tree	Engage in a gardening project
Volunteer as a dog walker	Learn a new DIY skill
Sign up for an adult education course	Volunteer for a political party
Start up a new company	Sign up for dancing lessons
Undertake a home improvement project	Restore a vintage car
Make your own clothes	Write your autobiography
Book a residential course abroad	Learn to fly a plane
Make your own beer or wine	Write letters to friends
Set up a website or blog	Practice yoga
Take up photography	Create crafts to donate or sell
Create playlists from your music collection	Learn to sail
Go on a walking holiday	Cook a new recipe every week
Learn flower arranging	Try a new sport

Then tick who this activity applies to, sole or joint, and then finally tick whether this is something you already engage in or is a something new you would like to try.

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